



LTC Phoenix Admiral's Regatta 2020
Incorporating the
2020 Finn Class Western Province Championships
Sailing Instructions
www.admiralsregatta.co.za

Hout Bay Yacht Club, Cape Town from 20-22 March 2020

Venue: Hout Bay Yacht Club, Cape Town
Dates: Friday 20th – Sunday 22nd March 2020 for keelboat classes
Saturday 21st – Sunday 22nd March 2020 for senior dinghy and small catamaran classes
Classes: *As described below*

1. ORGANISING AUTHORITY

Hout Bay Yacht Club under the sanction and authority of South African Sailing – Western Cape

2. RULES

- The regatta will be governed by the Rules as defined in "The Racing Rules of Sailing"
- ORC Class Rules apply for boats entered in the ORC class
- The relevant Class Rules apply for all boats competing in a one-design class,
- All participating keelboats must comply with NSVSR Category C including the required Certificate of Competence (Skippers Ticket).

3. NOTICES TO COMPETITORS

- Notices to competitors will be posted on the Official Admirals Regatta Notice board in the Hout Bay Yacht Club building.

4. CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted not less than two hours before the scheduled start of the first race of the day

6. SIGNALS MADE ASHORE

- Signals made ashore will be displayed at the mast located East of the balcony at the clubhouse.
- When flag AP is displayed ashore, '1 minute' is replaced with not less than 60 minutes for the offshore course and 30 minutes for the in the bay courses after it has been lowered.

7. CLASSES

- The following classes will sail in the regatta
- Offshore:
 - Offshore ORC Racing Class ("Round the cans" racing)
 - Offshore PHRF Medium Distance Sailing Class
 - Finn Dinghy Fleet sailing the 2020 Finn Western Province Championships
- Inshore: (mostly, but not confined to, the bay between Hout Bay beach and the Sentinel. If wind and conditions allow, these two fleets may be moved further out towards Kommetjie)
 - Small inshore keelboats
 - All dinghy classes except Finns
 - Small Catamarans

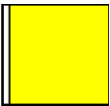
8. SCHEDULE OF RACES

- The scheduled time of the Warning Signal for the first race on each day is
 - Friday 20 March 2020: 15h55 for Offshore Keelboat Racing Class. The Medium Distance Sailing Class may join this race as a fun tune-up race, but it does not count towards the Regatta.
 - Saturday 21 March 2020: 09h55 for all classes
 - Sunday 22 March 2020: 09h55 for all classes
 - On the last day of the regatta no Warning Signal will be made after 14h55.

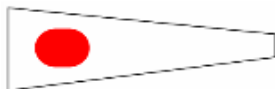
9. CLASS FLAGS

Offshore racing

Class Flags for boats entered under ORC (Round the Buoys): "Q" Flag



Class Flags for boats entered under Medium Distance PHRF: Numeral Pennant 1

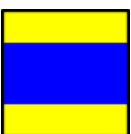


Finn Fleet: "o" Flag

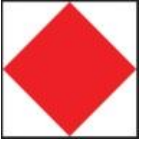


Inshore racing

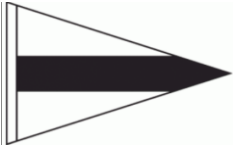
Small Keelboat PHRF fleet: "D" Flag



Dinghy fleet: "F" Flag



Small catamaran fleet: Third substitute flag



10. RACING AREAS

- Offshore racing will occur in the Hout Bay area between The Hout Bay sentinel, Kommetjie and surrounds, including the bay of Hout Bay.
- Inshore racing will take place in the bay of Hout Bay. If wind and conditions allow, this racing may be moved further out towards Kommetjie.

11. THE COURSES

Please refer Appendix A: Course Cards for the races for all fleets

Courses for the Medium Distance offshore fleet will be posted on the noticeboard and/or announced over the radio

- The Race Officer may amend the posted course and such change will be made known to the keelboat fleet by a communication on:
 - **VHF Ch-71** Offshore course
 - **VHF Ch-69** Inshore course
 - And/or by the display of the new course on a board on the stern of the relevant Committee Boat.
- The Racing bridge will be known and hailed as '**Admirals Bridge**' and the bridge utilised for the finish of the John Coles race will be known and hailed as '**Hout Bay Finish**'.
- ALL Offshore course yachts will communicate on **VHF Ch-71** until after their respective starts, where after ONLY for the John Cole Race will then communicate on Channel 71 with '**Hout Bay Finish**'.
- The short courses to be sailed will be Windward / Leeward or a combination of Windward/Leeward and Windward/Leeward/Triangle courses as per the course cards in Appendix A. Courses for the day will be posted on a board on the stern of the committee boat and/or announced over the radio.
 - **The John Coles Sprint Race: this is applicable to the Offshore Racing Fleet and the Medium Distance Sailing Fleet:**

The Medium Distance Race on Saturday 21 March 2020 will pass through the finish line for the Round the buoys fleet. Yachts will then sail from this Finish "Gate" to the finish line that is established for the John Coles Sprint Race.
 - The finish line of the John Coles race will be made known to the fleet prior to the start of the last race that day.

- For clarity, note that the code "L" flag (refer to Section 12) will **NOT** be flown at the beginning of the last race on Saturday. The John Coles Race will commence for each individual boat immediately it passes the finish line of the last race.
- If for any reason, a boat does not start the final race on Saturday 20 March 2020 or retires from the final race on Saturday, it may still take part in the John Coles race, subject to announcing to the '**Admirals Bridge**' its intention to cross the start line of the John Coles race on Saturday both **five (5) minutes** prior to crossing the line and **thirty (30) seconds** prior to crossing the line.
- The Winner of the John Coles Race will be the yacht with the best corrected time (ORC or PHRF)
- The John Coles Race will be considered as a race for the Medium Distance Sailing Fleet and may be discarded for scoring purposes.
- The John Coles Race will not count as a race in the Offshore Racing Fleet's series.

12. MARKS

- **Shorter courses for dinghy and small keelboat inshore fleet:**
 - Rounding marks for the dinghy fleet will be cylindrical yellow inflatable marks and for the keelboat inshore fleet will be large inflatable red marks.
- **Bay races for Medium Distance Sailing offshore fleet:**
 - Laid marks of the course are large yellow inflatable buoys with blue ends
 - The following marks/rounding points may be used but is not limited to: (A) Vulcan Rock, (B) Swell/Weather Buoy (south of crayfish factory) (C) Barker Rock, (D) Laid marks (coordinates to be indicated on the course cards), permanent marks; (E) Dunes, (F) Flora Bay, (G) Fish on the Rocks.
- **Co-ordinates for fixed Hout Bay Marks that may be used:**
 - Admirals Offshore Course Committee Boat
34 05 945 S
18 20 070 E
 - Dunes
34 02 903 S
018 21 116 E
 - Fish on The Rocks
34 03 333 S
018 20 989 E
 - Tintswalo (New)
34 03 559 S
018 21 758 E
 - Flora Bay
34 03 051 S
018 21 567 E

13. THE START

- Races will be started by using RRS 26 with the Warning Signal given **five (5) minutes** before the starting signal.
- The start line for ALL CLASSES will be between a staff displaying the HBYC burgee on the Committee Boat at the Starboard end, and the starting mark at the Port end.
- Boats whose Warning Signal has not been made shall avoid the starting area.
- A boat starting later than **four (4) minutes** after her starting signal will be scored Did Not Start.
- Start sequence will be on the board for the first race of the day. Note: for subsequent races the starting sequence may be changed, please observe flags
- A Code Flag "L" displayed by the Starting and Finishing Vessel will indicate that a subsequent race will be attempted shortly after the present race. Code flag "L" will be lowered at 6 minutes before the start of the next race.

"L" Flag:



14. SHORTENING COURSE / COURSE CHANGE

"S" Flag



Shortening course

- If flag "S over C" is displayed near a rounding mark, then boats are to round the nearby mark and proceed to the finish line. This is a change and an addition to RRS32.2

15. THE FINISH

- The finishing line for all courses except the Medium Distance Fleet will be between a staff bearing the HBYC burgee on the Race Committee Boat and the start/finish mark.
- The finish line for the Medium Distance Fleet will be posted on the noticeboard and/or announced over the radio together with the course for the race.
- All John Coles competitor boats are to hail 'Hout Bay Finish' an estimated 10 minutes prior to finishing.

16. PENALTY SYSTEM

- Rule RRS 44.1 is amended to one tack and one gybe **for all keelboat classes only**.

17. TIME LIMITS

Keelboats:

- If more than one race is scheduled on a day, the Race Committee may impose a time limit. For each class the time will be the elapsed time of the first boat in that class to finish multiplied by 1.5 (ET x 1.5).

Boats still racing when the time limit expires (TLE) shall be awarded the average of the points for places available to them had they finished within the time limit. This changes RRS 35, A4 and A5. Example: 12 boats, 3 finishers, another 4 still racing as the time limit expires, 5 retired: Those still racing but not able to finish score average of 4th to 7th place = $22/4 = \text{TLE } 5.5$ points.

Finn fleet:

- Any boat finishing more than 20 minutes after the first finisher in a race will be scored DNF.

18. PROTESTS AND REQUESTS FOR REDRESS

- Protest forms are available at the Race / Regatta Secretaries Office. Protests shall be delivered there within the protest time limit.
- For each class or fleet, the protest time limit is 60 minutes after the last boat has finished the last race of the day. The same time limit applies to protests by the race committee and Protest committee about incidents they observe in the racing area and to requests for redress. This changes RRS 61.3 and 62.2.
- Notices will be posted within 30 minutes of the protest time limit to inform competitors of hearings and times thereof in which they are parties or named as witnesses. Hearings will be held in the place stated on the protest notice beginning at the time stated therein.
- On the last day of the regatta a request for redress from a Protest Committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes RRS 62.2.

19. SCORING

- The Low Point scoring system of Appendix A of the Racing Rules will apply.
- For Medium Distance Sailing Fleet:
Three races will constitute a series. When four or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.
- For All Fleets except for the Medium Distance Sailing Fleet:
Four races will constitute a series. When five or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

20. SAFETY REGULATIONS

- A boat that retires from a race shall notify the Race Committee as soon as possible.
- Yachts shall comply with their class buoyancy and safety requirements.

- Safety of the yacht and its crew is the responsibility of the skipper and the decision to race rests entirely with the skipper.
- Life jackets must be worn by all dinghy and small catamaran cat skippers and crew.

21. REPLACEMENT OF CREW OR EQUIPMENT

- Substitution of crew will be allowed provided the number of crew is not changed by adding or removing crew members.
- Each yacht will sail with her correct registration number displayed on her sail, with the sails used in the first race. Substitution of damaged or lost equipment will not be allowed unless approved by the Race Committee. Requests for substitution shall be made in writing to the Committee at the first reasonable opportunity.

22. EQUIPMENT AND MEASUREMENT CHECKS

- A boat or its equipment may be inspected at any time for compliance with the Class Rules and Sailing Instructions. On the water, a boat can be instructed by a Race Committee Measurer to proceed immediately after the completion of a race to a designated area for inspection.

23. SUPPORT BOATS

- Team leaders, coaches and other support personnel shall stay at least 150 metres outside areas where boats are racing from the time of the Preparatory Signal for the first class to start until all boats have finished or the Race Committee signals a postponement, general recall or abandonment.

24. HAULING-OUT RESTRICTIONS

- Keelboats shall not be hauled out during the regatta except with and according to the terms of prior written permission of the Race Committee.

25. DIVING EQUIPMENT AND PLASTIC POOLS

- Underwater breathing apparatus and plastic pools or their equivalent shall not be used around keelboats between the preparatory signal of the first race and the end of the regatta.

26. RADIO COMMUNICATION

- A boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.
- VHF radio capable of receiving and transmitting on **Channels 16 & 71 and/or 69** shall always be monitored by keelboats whilst competitors are away from their moorings during the event.

27. PRIZES

- Prize-giving ceremony will be held at the HBYC Club House no sooner than 1 hour after the end of the race on 22 March 2020.
- Prizes will be awarded as detailed in the Notice of Regatta

28. EMERGENCY NUMBERS

- **Hout Bay NSRI Station Commander - Number to be WhatsApped to all skippers.**
- Hout Bay Yacht Club – 021 790 3110
- HBYC also listening on Channel 71 & 69
- NSRI Station 8 – Hout Bay - call Cape Town 021 449-3500

Appendix A

Course Cards: Shorter courses for all fleets

Course 1

Start, 1, 2, 1, 2, 1 Finish downwind



Start/Finish

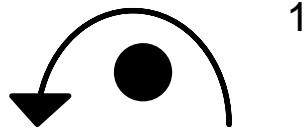


Bridge
Boat



Course 2

Start, 1, 2, 1, 2 Finish upwind



Start/Finish

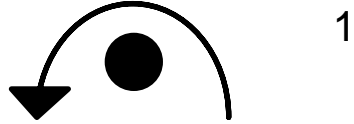


Bridge
Boat



Course 3

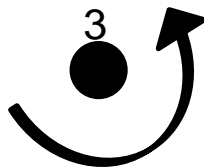
Start, 1, 2, 3, 1, 3, 1 Finish downwind



Start/Finish



Bridge
Boat



Course 4

Start, 1, 2, 3, 1, 3, Finish upwind



Start/
Finish



Bridge
Boat

